



Improving Health Care and Outcomes for Residents of Lincoln Parish

Initiative:	Healthier Outcomes & Access to Health Care
Project Name:	"Team Up" Program at I.A. Lewis School
Funding Period:	December, 2011 – November, 2012
Project Coordinator:	Terry Slawson, Executive Director
Project Administration:	Seeker Springs Adolescent Counseling Center
Total Funding Approved:	\$11,815.00

Program Summary

"Team Up" is a program developed by Seeker Springs which helps pre-teens increase life skills such as decision-making, communication, leadership, self-responsibility, social skills and self-esteem. "Team Up" was successfully piloted at two Ouachita Parish schools in 2010 - 2011 via funding provided by the Living Well Foundation. Seeker Springs seeks to provide the "Team Up" program at I.E. Lewis school in Lincoln Parish where 68% of the 6th grade students receive reduced or free lunches. Students identified by the I.A. Lewis principal and teachers as having behavioral and emotional issues, or social skill difficulties would be eligible "Team Up" participants. "Team Up" would be conducted on-site at I.A. Lewis and consist of two (2) eight (8) week sessions of adolescent group counseling, followed by weekend multifamily group sessions on the campus of Seeker Springs in Eros, LA.

Proposal Objective

To provide evidence-based, easily accessible, cost effective, mental health program for teens that are experiencing mild to moderate mental health issues.

“Team-Up” Program Goals:

1. To provide two (2) eight (8) week sessions of adolescent group counseling on site at I.E. Lewis for at least 24 participants. Portable Ropes Challenge Course equipment is utilized at the school facility.
2. To conduct weekend multifamily group sessions on the campus of Seeker Springs following the group counseling sessions. Real ropes course is utilized at the campus.