



Improving Health Care and Outcomes for Residents of Lincoln Parish

Initiative:	Healthier Beginnings
Project Name:	WISE: together, We Inspire Smart Eating Nutrition Curriculum Initiative – Year 7
Funding Period:	November 1, 2020 – October 31, 2021
Project Coordinator:	Julie M. Rutledge, PhD
Project Administration:	Louisiana Tech University School of Human Ecology, Family & Child Studies Dept.
Total Funding Approved:	\$ 78,838.00

Program Summary

The purpose of the grant is to continue the implementation and use of the WISE (Together, We Inspire Smart Eating) curriculum, as well as develop and pilot test tools to increase fidelity to implementation. This secondary goal has been developed by the grantee as they set their sights on the sustainability of the program. The ultimate goal to be accomplished in the next few years is to reduce the role of the center as program recipients take ownership of WISE implementation. As such, the focus of this year's grant will be to position the educators and programs through training to ensure success of the program, increase parental knowledge of the benefits of proper nutrition, and encourage healthy food alternatives in school systems via nutritional education programs.

Grant Objectives

- To continue the WISE Program at Lincoln Parish Head Start only. Elimination of Lincoln Parish Early Childhood Center and Louisiana Tech Early Childhood Education Center due to COVID-required school changes. Emphasis on "delivery only" methodology in support of curriculum food experiences and food delivery. Elimination of comprehensive data collection and analysis. Monthly "check-ins" by Tech Human Ecology educators with Head Start teacher
- To utilize funding to develop an on-line teacher app and website for expanding availability of WISE program to educators across nation. Lincoln Head Start will serve as "partner" to beta test the app and website