

Improving Health Care and Outcomes for Residents of Lincoln Parish

Grant Summary

Initiative: Project Name:	Healthier Outcomes & Access to Health Care "Team Up" At Risk Adolescent Counseling & Family Services at Lincoln Parish Schools, Ruston, Louisiana - Year #11
Funding Period:	February 1, 2021 – January 31, 2023
Project Coordinator:	Terry Slawson, Executive Director
Project Administration:	Seeker Springs Adolescent Counseling Center
Total Funding Approved:	\$35,195.00

Program Summary

"Team Up" is a program developed by Seeker Springs which helps pre-teens increase life skills such as decision-making, communication, leadership, self-responsibility, social skills and self-esteem. This program has achieved consistent success and generated positive feedback from Lincoln Parish Schools for the past eight years. Seeker Springs seeks to provide a ninth year of the "Team Up" program at five schools in Lincoln Parish. Students identified by the school principals and teachers as having behavioral and emotional issues, or social skills difficulties are eligible "Team Up" participants. "Team Up" is conducted on-site at the school and consists of seven (7) week sessions of adolescent group counseling, followed by weekend multifamily group sessions on the campus of Seeker Springs in Eros, LA.

Proposal Objectives (Year #11)

- 1. Provide an evidence-based, easily accessible, cost effective, team building program for teens that promote and develop the "Team-Up" life skills referenced above.
- 2. Provide seven group team building sessions (one per week) on site in 5 Lincoln Parish Schools for at least 115 participants.
- 3. Conduct multi-family group sessions on the campus of the agency following the onsite group sessions.

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